



# Self-Managing Care: From Ideas to Solutions

## Healthy Connections Conference 2010

George Vari Engineering Centre, 245 Church Street, Room ENG 103, Ryerson University

### Preliminary Agenda - February 17, 2010

7:30-8:30	Registration and Continental Breakfast	
8:30-8:45	Welcome	
8:45-9:45	Keynote Speaker: Wayson Choy, Award Winning Canadian Novelist, Memoirist and Short-Story Writer	
9:45-10:00	Health Break	
<b><i>Co-Creating Care with Vulnerable Populations: Evidence from Ontario and Beyond</i></b>		
10:00-10:40	Feature Speaker: Judith Schaefer, Senior Research Associate, MacColl Institute for Healthcare Innovation, Group Health Research Institute (Seattle, United States)	
10:40-12:00	Expert Panel Session: <ul style="list-style-type: none"> <li>• Andy Underwood, Executive Director, Home and Community Support Services of Grey Bruce (Owen Sound, Ontario)</li> <li>• Helen Leung, CEO, Carefirst Seniors and Community Services Association (Toronto, Ontario)</li> <li>• Jennifer Chambers, Coordinator, Empowerment Council, CAMH (Toronto, Ontario)</li> </ul>	
12:00-1:00	Networking Lunch	
<b><i>Co-Creating Care: From Theory to Practice</i></b>		
1:00-2:30	Skills-Building Workshops	
2:30-3:00	Health Break	
3:00-4:30	Skills-Building Workshops	
	1:00 – 2:30	3:00 – 4:30
	<b>Workshop 1: Self-Management Toolkit I – Change is Good, You Go First: Implementing Self Management Support through Interdisciplinary Team Care</b> <i>(Judith Schaefer, MacColl Institute)</i>	<b>Workshop 1: Self-Management Toolkit II – Change is Good, You Go First: Collaborating with Patients for Everyone’s Health</b> <i>(Judith Schaefer, MacColl Institute)</i>
	<b>Workshop 2: Health Coaching for Dementia Care: Making Sense of Self-Management Strategies</b> <i>(Frances Morton-Chang, Elder Coach)</i>	<b>Workshop 2: Health Coaching for Dementia Care: Making Sense of Self-Management Strategies</b> <i>(Frances Morton-Chang, Elder Coach)</i>
	<b>Workshop 3: TEACH: Putting Motivational Interviewing Skills into Practice</b> <i>(Dr. Marilyn Herie and Rosa Dragonetti, CAMH)</i>	<b>Workshop 3: TEACH: Putting Motivational Interviewing Skills into Practice</b> <i>(Dr. Marilyn Herie and Rosa Dragonetti, CAMH)</i>
	<b>Workshop 4: Self Management Strategies Among Culturally Diverse Populations</b> <i>(Dr. Betty Wills, Carefirst Seniors &amp; Community Services Association)</i>	<b>Workshop 4: Self Management Strategies Among Culturally Diverse Populations</b> <i>(Dr. Betty Wills, Carefirst Seniors &amp; Community Services Association)</i>
	<b>Workshop 5: The Health Equity Impact Assessment Tool</b> <i>(Bob Gardner, Wellesley Institute and Anthony Mohamed, St., Michael’s Hospital)</i>	<b>Workshop 5: The Health Equity Impact Assessment Tool</b> <i>(Bob Gardner, Wellesley Institute and Anthony Mohamed, St., Michael’s Hospital)</i>
4:30	Conference Adjourned	

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